

YOU WANT YOUR 14-17 TEEN TO TRAIN WITH YOU?

PLEASE READ OUR POLICY:

It is NOT our preference teens 13yrs & under use the gym as a 24 hr member.

However if you and your teen 14-17yrs are both serious to train here, you may be considered on a case by case basis to the discretion of Management's decision. As you will be expected to be with your child at all times while in these facilities it is important you think wisely about the level of commitment that will be required of you.....

If successful as a member:

- You both will have a level of **seriousness to both train** while at the gym.
- Your teen can only access the gym with yourself (no other in your place)
- You are expected to be **training with your teen** and/or monitor they are safely using the equipment while training.
- It is highly unacceptable to staff and to other members using the gym for young people to be playing around (eg sitting around and texting on phones) or not committed to training and could result in the membership ending.